

BRUNCH MENU

HELENIKA

195 PER PERSON

STARTERS

Selection of Bread

Soup of the Day

Please ask the staff for the daily option

COLD STATION

Greek Salad - 375 CAL

*Tomato, Cucumber, Onion, Oregano,
Feta Cheese, Extra, Virgin Olive Oil*

Mix Salad - 200 CAL

*Romain Lettuce, Baby Gem, Lollo rosso,
Frisee lettuce & Baby Spinach*

Quinoa Salad - 250 CAL

*Red Cabbage, Leggumes, Avocado
& Corn*

Dressing

*Ladolemono, Balsamic Dressing,
Strawberry Dressing & Ginger Dressing*

Mix Olives

*Kalamata Olives, Green Olives &
Olive Paste*

TRADITIONAL DIPS

Greek Salad - 375 CAL

*Tomato, Cucumber, Onion, Oregano,
Feta Cheese, Extra, Virgin Olive Oil*

Mix Salad - 200 CAL

*Romain Lettuce, Baby Gem, Lollo rosso,
Frisee lettuce & Baby Spinach*

Quinoa Salad - 250 CAL

*Red Cabbage, Leggumes, Avocado
& Corn*

Dressing

*Ladolemono, Balsamic Dressing,
Strawberry Dressing & Ginger Dressing*

Mix Olives

*Kalamata Olives, Green Olives &
Olive Paste*

HOT MEZEDES

Mousaka - 130 CAL

*Minced Lamb, Eggplant, Zucchini, Graviera
Cheese, & Smoked Tomato Syrup*

Feta Tragani - 400 CAL

*Deep Fried Feta, Spicy Tomato,
Chutney & Kumquat Gel*

HOT STATION

Tempura Fish Fillet - 54 CAL
Parsley Lemon Garlic Sauce

Chicken Souvla - 210 CAL
*Charcoal Grilled Chicken Whole,
Vegetables*

Lamb Orzo - 320 CAL
*Orzo Pasta with Lamb, Tomato,
Graviera Cheese & Herbs*

Chicken Sliders - 270 CAL
*Beef Patty, Feta Cheese, Grilled Onion
& Spicy Tomato Relish*

Kagianas - 330 CAL
Egg, Tomato, Sausage, Feta & Oregano

PASTA

Pastitsio - 200 CAL
*Chicken Bolognese, Macaroni
& Morné Sauce*

Gnocchi - 100 CAL
Pesto Sauce

SIDE DISHES

Safron Rice - 98 CAL
Basmati Rice, Raisin & Dried Cranberries

Baked Potato - 298 CAL
Potato, Rosemary, Thyme & Garlic

DESSERTS

Tiramisu with Greek Coffee
Molted Cake with Mousse Chocolate
Baklava
Cheesecake with Saffron
Chocolate Mosaic Mastiha Glaze
Kataifi Galaktoboureko
Fresh Cut Fruits
Mini Mastic Forest

HELEENIKA

OUR PRODUCTS MAY CONTAIN ALLERGENS

Please make us aware about any special dietary requirements or any allergies

**The calculation of calories is based on a serving portion of 100gr or 100ml.*